

2011-2012 Fall-Winter TCSA Indoor Training



2011-2012 FALL/WINTER INDOOR SCHEDULE

All programs must have a minimum of 10 participants.

PROGRAM	AGE GROUP	SESSION 1 (7 weeks) Begins the week of November 6 – December 23	SESSION 2 (10 weeks) Begins the week of January 8 – March 18	DESCRIPTION
Lil' Kickers (in partnership w/TCSA)	18 months – 4 years	Contact Tim Balatsoukas at tim@tcsa.net for registration information. Sessions are held at SportsPlex.	Contact Tim Balatsoukas at tim@tcsa.net for registration information. Sessions are held at SportsPlex.	
NEW U6 Fast Footwork Led by Tim Balatsoukas	U6	Saturdays 10:30 am – 11:25 am November 5 - December 17: Cost: \$85	Saturdays 10:30 am – 11:25 am January 7 - March 10: Cost: \$150	Children will be provided with an excellent soccer foundation focusing primarily on developing foot skills.
Premier Fast Footwork Led by: Tim Balatsoukas, Danny Madrigal, Vlatko Minic, Ivan Radic, and Doco Wesseh	U7-U10 U11-U15	U7-U10 Tuesdays and Thursdays 4:30 pm – 5:25 pm Saturdays 10:30 pm – 11:25 pm Cost: \$100 (1 day weekly) \$150 (2 days weekly) \$200 (3 days weekly) U11-U15 Mondays 6:30 pm – 7:25 pm Cost: \$100	U7-U10 Tuesdays and Thursdays 4:30 pm – 5:25 pm Saturdays 10:30 pm – 11:25 pm Cost: \$150 (1 day weekly) \$200 (2 days weekly) \$250 (3 days weekly) U11-U15 Mondays 6:30 pm – 7:25 pm Cost: \$150	Through TCSA PREMIER professional coaching, children will be provided with excellent soccer drills. The goal is to provide children ages 6-15 years old the necessary training at an early age. Focusing primarily on developing foot skills, Premier Fast Footwork provides the proper steps in taking a soccer player to the next level.
Recreational and Travel Fast Footwork Led by: Tim Balatsoukas, Ivan Radic, Doco Wesseh, Lindsay Cicci, and other travel trainers	(U7-U8) Rec (U9-U12) Rec (U14-U18) Rec (U9-U11) Travel (U12-U14) Travel (U15-HS) Travel	RECREATIONAL Mondays 5:30 pm – 6:25 pm Wednesdays 4:30 pm – 5:25 pm Sundays 9:30 am – 10:25 am Cost: \$100 (1 day weekly) \$150 (2 days weekly) \$200 (3 days weekly) TRAVEL Mondays 6:30 pm – 7:25 pm Cost: \$100	RECREATIONAL Mondays 5:30 pm – 6:25 pm Wednesdays 4:30 pm – 5:25 pm Sundays 9:30 am – 10:25 am Cost: \$150 (1 day weekly) \$200 (2 days weekly) \$250 (3 days weekly) TRAVEL Mondays 6:30 pm – 7:25 pm Cost: \$150	The Fast Footwork program will help participants develop confidence and comfort with the ball at their feet as they are introduced to foot skills, using them in various drills and small sided games.
Keeper Training Led by TCSA Keeper Trainer Coach, Cristiano Costa	U9 and above	Wednesdays (U9-U12) 5:30 pm – 6:25 pm (U13 +) 6:30 pm – 7:25 pm Cost: \$100 (1 day weekly) \$150 (2 days weekly) Sundays (U9-U12) 7:30 am – 8:25 am (U13 +) 8:30 am – 9:25 am	Wednesdays (U9-U12) 5:30 pm – 6:25 pm (U13 +) 6:30 pm – 7:25 pm Cost: \$150 (1 day weekly) \$200 (2 days weekly) Sundays (U9-U12) 7:30 am – 8:25 am (U13 +) 8:30 am – 9:25 am	Keeper Training will outline and allow keepers to develop basic/advanced soccer goalkeeping techniques and tactics on a high training level, and on the psychology of goalkeeping.
3v3 League	Age 10 and above	Sundays 10:30 am – 11:25 am Two 25-minute games per team Cost: \$80 (Individual) \$400 (team; max 5 players)	Sundays 10:30 am – 11:25 am Two 25-minute games per team Cost: \$120 (Individual) \$600 (team; max 5 players)	3v3 provides an excellent environment for 1v1 situations and it happens over and over again through the course of a game. Limiting play to these numbers allows a good balance of opportunity for each player to make real game decisions of whether to dribble, pass or shoot.
TCSA Academy Led by Academy Director Tim Balatsoukas and Professional Trainers Doco Wesseh, Linda Geni Professional trainers instruct practices and games 1 practice and 1 game per week <i>Practice and Game days/times are subject to change</i>	U6 Coed Max 9 players U7-U8 Coed Max 9 players U9-U10 Girls Max 14 players U9-U10 Boys Max 14 players	PRACTICE (INDOOR FACILITY) 7 practices guaranteed starting Nov. 4 Mondays: U6 4:30 pm – 5:25 pm Fridays: U7-U8 4:30 pm – 5:25 pm Fridays: U9-U10 5:30 pm – 6:25 pm GAMES (SPORTSPLEX) – SATURDAYS 8 games guaranteed starting Nov. 5 U6 12:00 pm – 12:45 pm U7-U8 between 12:45 pm – 3:00 pm U9-U10 between 3:00 pm – 5:00 pm Cost: \$200 plus uniform (\$90 Full; \$45 Partial) <i>see right</i>	PRACTICE (INDOOR FACILITY) 10 practices guaranteed starting Jan. 6 Mondays: U6 4:30 pm – 5:25 pm Fridays: U7-U8 4:30 pm – 5:25 pm Fridays: U9-U10 5:30 pm – 6:25 pm GAMES (SPORTSPLEX) – SATURDAYS 10 games guaranteed starting Jan. 7 U6 12:00 pm – 12:45 pm U7-U8 between 12:45 pm – 3:00 pm U9-U10 between 3:00 pm – 5:00 pm Cost: \$225 plus uniform (\$90 Full; \$45 Partial) <i>see right</i>	Full Uniform (optional) socks, shorts, 2 jerseys (white and blue), mini ball, sack pack Partial Uniform (required) socks, shorts, 1 jersey, sack pack 4v4 game play maximizes technical and physical development due to the frequency of touches on the ball, also developing tactical awareness and mental agility via a competitive practice and game environment.

REGISTRATION

This PDF is equipped with text fields through Adobe Acrobat Reader for your convenience. You have the option to fill out this form on your computer or print the page out and fill it out by hand.

Please fill out this form completely, check the sessions you are interested in to the right, print and mail the form with your check or credit card information to TCSA. **Complete a separate form for each child.** If registering more than one child, submit all applications with one check for the total amount.

Player Name _____

Grade _____ Age _____ Gender _____

Birth Date _____

Parents Name _____

E-mail _____

Address _____

Home Phone _____

Emergency Phone _____

Program Level Your Child is in (Circle One): Recreational Travel High School

Uniform size for TCSA Academy (Circle One): YS YM YL

Total Cost _____

Credit Card Number _____

Signature _____ Expiration Date _____

Drop off or Send Check or Credit Card Information and Registration to:
 TCSA, P.O. Box 477. St. Charles, IL 60174 (3625 Campton Hills Rd, St Charles, IL 60622)
 or
 E-mail to tim@tcsa.net

Families that are new to Tri-Cities Soccer will be required to sign a waiver and show child birth certificate prior to the first session.

PROGRAM	SESSION 1 (7 weeks) Begins the week of November 6 – December 23	SESSION 2 (10 weeks) Begins the week of January 8 – March 18
U6 Fast Footwork	<input type="checkbox"/> U6 Saturdays: 10:30 am – 11:25 am	<input type="checkbox"/> U6 Saturdays: 10:30 am – 11:25 am
Premier Fast Footwork	\$100 (1 day); \$150 (2 days); \$200 (3 days)	\$150 (1 day); \$200 (2 days); \$250 (3 days)
Check all that apply	<input type="checkbox"/> Premier U7-U10 Tuesdays: 4:30 pm – 5:25 pm	<input type="checkbox"/> Premier U7-U10 Tuesdays: 4:30 pm – 5:25 pm
	<input type="checkbox"/> Premier U7-U10 Thursdays: 4:30 pm – 5:25 pm	<input type="checkbox"/> Premier U7-U10 Thursdays: 4:30 pm – 5:25 pm
	<input type="checkbox"/> Premier U7-U10 Saturdays: 10:30 am – 11:25 am	<input type="checkbox"/> Premier U7-U10 Saturdays: 10:30 am – 11:25 am
	<input type="checkbox"/> Premier U11-U14 Mondays: 6:30 pm – 7:25 pm	<input type="checkbox"/> Premier U11-U14 Mondays: 6:30 pm – 7:25 pm
Recreational and Travel Fast Footwork	\$100 (1 day); \$150 (2 days); \$200 (3 days)	\$150 (1 day); \$200 (2 days); \$250 (3 days)
Check all that apply	<input type="checkbox"/> Recreational Mondays: 5:30 pm – 6:25 pm	<input type="checkbox"/> Recreational Mondays: 5:30 pm – 6:25 pm
	<input type="checkbox"/> Recreational Wednesdays: 4:30 pm – 5:25 pm	<input type="checkbox"/> Recreational Wednesdays: 4:30 pm – 5:25 pm
	<input type="checkbox"/> Recreational Sundays: 9:30 am – 10:25 am	<input type="checkbox"/> Recreational Sundays: 9:30 am – 10:25 am
	<input type="checkbox"/> Travel Mondays: 6:30 pm – 7:25 pm	<input type="checkbox"/> Travel Mondays: 6:30 pm – 7:25 pm
Keeper Training	\$100 (1 day); \$150 (2 days)	\$150 (1 day); \$200 (2 days)
Check all that apply	<input type="checkbox"/> U9-U12 Wednesdays: 5:30 pm – 6:25 pm	<input type="checkbox"/> U9-U12 Wednesdays: 5:30 pm – 6:25 pm
	<input type="checkbox"/> U13+ Wednesdays: 6:30 pm – 7:25 pm	<input type="checkbox"/> U13+ Wednesdays: 6:30 pm – 7:25 pm
	<input type="checkbox"/> U9-U12 Sundays: 7:30 am – 8:25 am	<input type="checkbox"/> U9-U12 Sundays: 7:30 am – 8:25 am
	<input type="checkbox"/> U13+ Sundays: 8:30 am – 9:25 am	<input type="checkbox"/> U13+ Sundays: 8:30 am – 9:25 am
3v3 League	<input type="checkbox"/> Sundays 10:30 am – 11:25 am Cost: \$80 (Ind.); \$400 (team) Please contact the TCSA office to register a team.	<input type="checkbox"/> Sundays 10:30 am – 11:25 am Cost: \$120 (Ind.); \$600 (team) Please contact the TCSA office to register a team.
TCSA Academy	<input type="checkbox"/> U6 Mondays: 4:30 pm – 5:25 pm Saturdays: 12:00 pm – 12:45 pm	<input type="checkbox"/> U6 Mondays: 4:30 pm – 5:25 pm Saturdays: 12:00 pm – 12:45 pm
Check an age group plus uniform choice	<input type="checkbox"/> U7-U8 Fridays: 4:30 pm – 5:25 pm Saturdays: 12:45 pm – 3:00 pm	<input type="checkbox"/> U7-U8 Fridays: 4:30 pm – 5:25 pm Saturdays: 12:45 pm – 3:00 pm
	<input type="checkbox"/> U9-U10 Fridays: 5:30 pm – 6:25 pm Saturdays: 3:00 pm – 5:00 pm	<input type="checkbox"/> U9-U10 Fridays: 5:30 pm – 6:25 pm Saturdays: 3:00 pm – 5:00 pm
	<input type="checkbox"/> Full Uniform (optional)	<input type="checkbox"/> Full Uniform (optional)
	<input type="checkbox"/> Partial Uniform (required)	<input type="checkbox"/> Partial Uniform (required)